

June, 2009



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goALOFT

ALOFT official launch events scheduled for June 6 and June 7. If you miss attending, you may miss keeping the lifestyle you want.

ALOFT has been in business for a little more than a year and a half, sponsoring seminars and tech training, providing information and referral, building a strong Affiliate base, working with libraries, organizations, government agencies – any group or individual who could help us reach our mutual goal of supporting the over 50 group who want to stay in their homes safely and confidently. Your response has been excellent.

Now, we are taking a big step. A formal launch of full operations with an information program for persons over 50 who

Hudson River Family Fest for you and the grandkids. But hurry. It's June 7

First, make sure that you have attended ALOFT's June 6 Launch Party, then you are free to take the family to the Fest.

There is so much to do it can't be listed here. But,

want to learn more about staying in their homes, in the community they know and love, and do it safely and confidently.

We promise a very brief presentation that will detail the services, programs and plans of ALOFT. Lots of time for questions and for meeting fellow ALOFT people over refreshments. Even time to chat with our directors, review our literature and register to receive online information.

We will not press you to become an ALOFT member, but feel that once you get the entire picture of what is waiting and avail-

able for you, you will want to be a part of this wonderful and rewarding experience.

So, set aside some very brief time to learn more. It's your life and ALOFT can help you maintain the style of living you want.

Mark your calendar now. See you at the meeting:

June 6 Mt Kisco Presbyterian Church at 4:00 PM and

June 7, Katonah Public Library 4:00 PM.

Call **914-764-3014** to make a reservation and request a ride.

The best way to get all the information is to call 914-631-4481, ext.43222 or, better yet, visit www.westchestergov.com/hudsonriverfest.

there will be plenty of tours, an Arctic gray wolf from the Wolf Conservation Center, birds of prey, nature walks along the Old Croton Aqueduct Trail.

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Save the Date!

*Staying at Home:
Your key to staying in
your own home.
Safely. Confidently.
A brief, informative,
stimulating
presentation of how to
keep the lifestyle you
want.*

Refreshments.

*Saturday, June 6,
Mount Kisco
Presbyterian Church,
605 Millwood Road,
Mount Kisco.*

*Sunday, June 7,
Katonah Village
Library, Katonah.*

*Both dates:
4 PM - 5:30 PM*

-

*Become an ALOFT
Founding Member.*

Join Today.

Call

914 764 3014

-

Retailer?

Service Provider?

*Join the ranks
of ALOFT Valued
Affiliates.*

Call

914 764 3014

-

*Caramoor is waiting to
greet you with
discounts for ALOFT
members.*

Lewisboro Seniors host Picnic in Park for the region

On a glorious May 20th in the lovely Lewisboro Town Park, the Lewisboro Seniors hosted their annual Spring Picnic in the Park, with a twist. This year they invited older residents of all the northeast towns to join

them. 75 older residents from Lewisboro, Bedford, North Salem and Somers joined in. The Treble Singers of John Jay High School delighted all. Birthday cake and desserts kept everyone occupied well into the after-

noon.

Thank you Lewisboro Seniors for sharing the beauty of your town and for helping us all to make new connections!

ALOFT's list of Affiliates tops 25. Get to know these

That's right. There are now more than 25 ALOFT Affiliates. Retailers, restaurants, jewelry stores, dry cleaners, wines and spirits shops. Plus Caramoor, light-

ing designers and much more. Here's the latest list of Affiliates, but be sure to check out our website: www.goALOFT.org for the current updates on

places to save.

All you need is your ALOFT membership card and you're on your way to perks especially for you.

Meet a few of ALOFT's Affiliates

Right in the center of Katonah are several ALOFT Affiliates who stand ready to attend to your culinary cravings. If it's great coffee and pastries to start you going or keep you going, head for Noka Joes, just opposite the train station.

break with a hot fudge sundae, cherries, whipped cream – the whole thing. Then head for Scoops.

Or maybe a taste for some genuine Italian specialties. In this case, you have two excellent choices: Peppino's, housed in the old Katonah railroad station and

the Blue Dolphin, just down the street. Here's a choice with two very right answers, a can't miss decision. Try one; try them all. You'll be back.

See the insert for the full list of Affiliates to date!

How about an afternoon

Not yet an affiliate?

Become an ALOFT Community Affiliate today and reap the benefits of being part of a loyal ALOFT member group with excel-

lent disposable income and strong loyalty to their business neighbors.

Find out more by checking out the ALOFT website,

www.goALOFT.org, or call 914-764-3014 for information on how you can be a major part of this growing organization.

What? You're not yet an ALOFT member? Solve that problem now. Here's how.

Simply call 914-764-3014 and let us know that you would like a membership application.

We will get that out to you right away, along with information on our very, very low and affordable membership fee.

Plus, we will send along an up to the minute Affiliate list so you can see how such a low fee can bring such major benefits.

Caramoor and ALOFT/2009

Caramoor has graciously developed special arrangements **for ALOFT members only**. Not every event provides an ALOFT member discount, but every Caramoor concert comes with the promise of world-class entertainment in an unmatched cultural and delightful environment. Make your plans now to attend as many Caramoor offerings as you can.

What are ALOFT member discounts?

Discounts vary, depending on the event. There is a **10% discount for ALOFT members for all Thursday, Friday and Sunday afternoon concerts**, as well as **some Saturday evening performances**, subject, of course, to availability.

There are also **special package prices for three Sunday afternoon performances** — see newsletter insert for details on the special package with special pricing (not subject to additional 10% discount).

How to order Thursday, Friday evening or Sunday afternoon concert tickets:

- (1) Call ALOFT ~ 914-764-3014 ~ for your member-only registration code. Be sure to leave a callback number and your membership number.
- (2) Call the Caramoor Box Office ~ 914-232-1252. Tell them the event you want and how many tickets. Have your Exclusive ALOFT Membership Code Ready.
- (3) Or, go to the Box Office in person and present your ALOFT membership card to buy discounted concert tickets for Thursday, Friday or Sunday afternoon concerts.

Also, there is this special ALOFT event in the Rosen House:

June 10, Wednesday, 11:00 AM Xiayin Wang, piano

A docent led tour of the Rosen House is included in the price.

\$15.00 per person with no handling fee for ALOFT members (\$17 plus \$4 handling for non-members).

Please call the Caramoor Box Office ~ 914-232-1252 ~ for June 10 tickets, but call ALOFT first ~ 914-764-3014 ~ for your special member ID code.

If you are not yet an ALOFT member, here's your chance to join this growing and vibrant group.

Get the Caramoor Schedule of Events at www.Caramoor.org.

There's more!

— See insert for special pricing and seating for a 3 event package —

Livable Communities at ALOFT Seminars

Coming Soon:

—

Senior

*Crimebusters:
Protect yourself
from scoundrels
6/1/09, 10:30 AM
Bedford Hills
Community House
at 74 Main Street
(next to the
Antioch Baptist
Church).*

—

*2010 US Census:
What to know and
how to get
involved.
6/10/09
10:30 AM
at
The Fox Center,
Mt Kisco*

—

*Events are free but
space is limited.
Call to reserve a
seat and a ride:
914 764-3356*



Active Living Over Fifty, Inc.
487 East Main Street
Mount Kisco, NY 10549
914-764-3014
914-764-3356 Livable Communities
at ALOFT

Dick Farrell, Editor

e-mail: info@goALOFT.org

<http://www.goALOFT.org>

ALOFT's Board Executive Committee

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Vice-Chair, Joyce Dupee Vicki Schott
Secretary, Lee V.A. Roberts William T. Smith
Treasurer, Jonathan Powers

Livable Communities at ALOFT

Ralph Gregory, Chair

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whose generosity is helping to defray goALOFT monthly
publication costs.**



ALOFT (Active Living Over Fifty, Inc.) is a mutually supportive 501 (c)(3) organization that is developing intergenerational strategies and programs to enable older residents to remain safely and confidently in their homes and communities in northeast Westchester — in Bedford, Lewisboro, Mount Kisco, North Castle, North Salem, Pound Ridge and Somers.

Active Living Over Fifty, Inc. (ALOFT)
487 East Main Street, #204
Mount Kisco, NY 10549