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goALOFT

Here is an update on how ALOFT is working to improve transportation access and choice.

It's a Mobility Management project, designed to figure out who needs what kind of transportation, who provides transportation and what else is needed to formulate a workable, efficient, cost-effective transportation network in Westchester County.

that's where you come in: there is always a need for volunteers who have an interest in bettering transportation options to step up to the problem and contribute their time and good thinking to a very worthwhile cause.

Creative aging in our communities

Well, what other kind of aging is there but creative. In this case it's a Westchester Libraries project in cooperation with Lifetime Arts, Inc.

County libraries. An exhibit of all these creative works will be held at Andrus on Hudson, 185 Old Broadway, Hastings on Hudson.

ALOFT members have a BIG advantage

It's called doing business with our great friends, our valued ALOFT Affiliates. Each Affiliate forms a key part of our community well-being.

ies. You can find a complete list of Affiliates, including special offerings for ALOFT members on the ALOFT website: goALOFT.org.

Upcoming events:**6/2/10****8:30 AM****NYSIgN****(NYS****Intergen'1****Network)****with planning****consultant****Barbara Turk****at****Fordham****University,****Harrison****6/8/10****7:30 PM****Bedford Affordable****Housing Public****Hearing, Town****House****6/18/10****9-12 AM****Aging Network
Wrap Up Meeting
County Center,
White Plains****7/14/10****Noon-2 PM****Care Mgmt in
Aging in Place
Organizations
Westchester
Fairfield Aging in
Place Coalition
2nd Congregational
Church, 139 E
Putnam Ave.
Greenwich 06830****Bedford Police issue warning about homeowner scam artists**

They really aren't artists, but they can flim flam unsuspecting homeowners out of big bucks. They are thieves, and Detective Sergeant William Hayes of Bedford's finest says that Bedford Police "...are reminding resident, particularly seniors, to be on the alert for con artists who often ply their trade."

Most activities center on driveway paving or seal, chimney repair or other home improvement offers. They can also pose as water or utility inspectors who try to talk their way into homes. Be suspicious.

Interested in a reverse mortgage?

There is a good resource that can help you decide if a reverse mortgage is right for you. It is the Westchester Residential Opportunities, a not-for-profit Housing Agency located in White Plains. Their mission is to provide information you can use confidently about reverse mortgages, as well as foreclosure problems. It's free to seniors facing foreclosure or wishing to have some good solid advice without any strings attached. The contact is Jane Lindau and you can reach Jane at 914 428 4507, extension 313 and get started on finding out more.

Still another excellent resource is the

Of course, there are many wonderful established companies and individuals in our area who provide quality work on the same type of project. But, be careful. If you have any questions, there are several good sources to check out before you agree to anything:

<http://consumer.westchestergov.com>

<http://www.nabihq.org>

or email bedfordpolice@bedforny.info

And don't forget: if you see something; say something to your local police department.

Pound Ridge Police Department. Yes, that's right, because Chief Dave Ryan has organized a MetLife Reverse Mortgage discussion. The event will be held at Conant Hall, 257 Westchester Avenue, Pound Ridge, Saturday, June 19 at 10:30 am. A representative from MetLife will take us through the hoops slowly, first explaining what reverse mortgages are, how they work, what to look for, how much equity you can take out of your home. In short, a primer course, with no obligations. You can find out more by checking in at pseniors@townofpoundridge.com. See you there.

Members-only BBQ. Join and get in on the fun

The BBQ mavens haven't set the exact time and place, but we're betting on the last weekend in June. Scene of the good times will be at the home of our president, Dr.

Catherine (Kitty) Wynkoop.

Exact details will arrive by both email and personal snail mail invitations well in advance. Honest.

Caramoor offers Super Savings for ALOFT members only

Our good friend, actually our very good friend, Sal Vaccaro, runs the marketing arm at the jewel of Westchester: Caramoor. What a job he does, especially for **ALOFT** members. Just part of what Caramoor of-

fers to **ALOFT** members is listed below. If you don't take advantage of these fabulous offers, woe unto you.

See newsletter insert for special Caramoor offers to ALOFT members.

Why it pays to be an ALOFT member

Did you notice the several fun things that are for ALOFT members only? Not that members are exclusive or wish to be. We all want everyone to participate in all the exciting and rewarding things that ALOFT arranges for, as well as the generous perks and discounts provided by valued

Affiliates. So join. You will not only be rewarded regularly, but you'll have opportunities to help others by improving transportation and other services we all need to keep living in the communities we love--safely and confidently. Take a minute. Join. Call 914 764 3014.

Pound Ridge is really active when it comes to recreation

All of our towns do a great job when it comes to being an advocate for senior living. Lately, we've noticed what an effort Pound Ridge has been placing on programs for seniors. Their newsletter, N2N, or Neighbor to Neighbor is directed at Pound Ridge only, but it contains lots of great ideas for all of us. The person behind all of this is

Louise Paolicelli. If your town is Pound Ridge, we suggest a call to Louise at 764 8201 and get on her mailing list. While Pound Ridge residents get preference on trips and things, other good friends will be welcome on a first come, first served basis. Ask Louise for more information.

Don't miss these upcoming events!

CAPS Village Council

"Aging in Place
with the NYSARC
Trust"

Eileen Clayton,
Director of
Marketing, United
Hebrew Long Term
Home Health
Program and
Nancy Tagliaferro,
Elderlaw Attorney.
Keene and Bean.

June 14, 1:30 -
3:00 PM, at the
Westchester Music
Conservatory, 216
Central Avenue,
White Plains.

RSVP to Lois
Steinberg,
lsteinberg@aipsupport.org, if you are coming.



Active Living Over Fifty, Inc.
Mail to: 487 East Main Street, #204
Mount Kisco, NY 10549
914-764-3014
914-764-3356 Livable Communities
at ALOFT

Jo Voegel, Chair, Board of Directors
Ralph Gregory, Chair, Livable
Communities Council at ALOFT
Catherine Wynkoop, President
Dick Farrell, Editor, goALOFT

e-mail: info@goALOFT.org
<http://www.goALOFT.org>

ALOFT (Active Living Over Fifty, Inc.)

is a mutually supportive
501(c)(3) organization developing intergenerational strategies
and programs to enable older residents to remain safely and
confidently in their homes and
communities in northeast Westchester — Bedford, Lewisboro,
Mount Kisco, North Castle, North Salem,
Pound Ridge and Somers.

ALOFT is grateful to the Federal Transit Administra-
tion for its support of the **goALOFT** newsletter.



Mail to:
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Mount Kisco, NY 10549